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In the morning the group will have the opportunity to re-visit Machu Picchu on their own, ascend the Huayna Picchu Mountain or meditate and explore the Crystal City at your leisure. After lunch in Aguas Calientes, we will visit local shaman Heberth Jordan, who will conduct a ceremony of sounds. We will then return by train to Ollantaytambo and be met by our bus to take us to Urubamba for dinner. Following dinner for those who wish to attend, we will hold a second San Pedro ceremony. Hosteria Illarimuy or similar. **B-L-Soup**



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In the morning we will have time to rest followed by lunch. In the afternoon we will visit the archaeological site of Pisac. We will then return to the Hosteria Illarimuy for dinner. Hosteria Illarimuy or similar. **B-L-D**

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Following breakfast we will leave for Cusco where we will go straight to the hotel. After we have checked into the hotel and had lunch, the group has the afternoon free to explore the city of Cusco. In the evening we will enjoy dinner with music and folkloric dances. Munay Wasi Hotel or similar. **B-L-D**

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After breakfast, we will be collected from the hotel and taken to the airport for our flight to Lima and our connection to Iquitos. We will prepare a packed lunch. From Iquitos we will be transferred to the port Bellavista in the Nanay River, a tributary to the Amazon River. We will travel by boat up the river toward the Reservation of Yanamomo to the Heliconia Lodge. In the afternoon will be visited by Don Máximo, a local Ayahuasquero (Healer-Shaman) who will explain about the sacred plant medicine of Ayahuasca and the tradition of Ayahuasqueros. We will return to the lodge for dinner and rest. Heliconia Lodge. **B-L-D**



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After breakfast we will take a boat to the Amazon River to observe grey and pink dolphins (*inia geoffrensis*) and swim in the longest and mightiest river in the world, as well as taking a mud bath. We will then return to the lodge for lunch. In the afternoon, there will be a short walk through the jungle to observe the flora and fauna before returning to the Lodge to rest. In the evening, Don Máximo will conduct the ceremony of Ayahuasca. Heliconia Lodge. **B-L**

SEPTEMBER 22:

A day of rest and relaxation following the Ayahuasca ceremony. You have the option of a jungle walk, a journey on the river or to stay by the pool. If weather permits, in the evening we will take a boat along the Amazon to observe the stars. Heliconia Lodge. **B-L-D**

**SEPTEMBER 23:**

In the morning we will visit the native community of Yaguas, and observe the traditions that still survive. We will then return to the Lodge for lunch. In the evening we have the option of a second Ayahuasca ceremony. Heliconia Lodge. **B-L**

SEPTEMBER 24:

A day of rest. You have the option to After dinner will take a small night walk to observe insects or, if weather permits, a boat along the Amazon to observe the stars. Heliconia Lodge. **B-L-D**

SEPTEMBER 25:

Before breakfast will have the "BAÑO DE FLORECIMIENTO", a special flower water that is prepared by the Healer-Shaman to pour over the body after the shower. In the Shamanic tradition it is given to protect the energy of the body. After breakfast a boat will take us to the city of Iquitos for our flight to Lima. Arriving in Lima we will have a packed lunch and in the afternoon we will take the connection Trujillo. to the Archaeological Site, El Brujo to have our third San Pedro ceremony, (the main platform) and return to the hotel the next day. Hotel Palmeras de Huanchaco or similar

SEPTEMBER 26:

Rest in the morning and after lunch we will travel straight to the archaeological site of Tucume. We will then return to the Lodge to rest. Rural Lodge Los Horcones de Tucume. **B-L-D**

SEPTEMBER 27:

After breakfast at the lodge we will visit the archaeological site of Tucume followed by a san pedro ceremony held by with Ruben in the evening. Rural Lodge Los Horcones de Tucume. **B-L-D**

SEPTEMBER 28: FULL MOON

Rest in the day and enjoying the area of Tucume town In the evening we will visit to Victor and Pedro Bravo who will show us their tradition of the Curanderos (Shamans) after we return to Rural Lodge Los Horcones de Tucume. **B-L-D**

**SEPTEMBER 29:**

After breakfast we will take you to the airport for your flight to Lima. In Lima, Oscar will take the group to lunch (Todo Perú) and in the afternoon we will visit the Miraflores area, and then return to the airport for your flight back home. For those that would like to check into hotel before their international flight,(they need to make an additional payment for day use of the Hotel) **B-L**

END OF SERVICE



Michele Lukis is a Shamanic practitioner, Reiki Master, Transpersonal Counsellor and spiritual healer based in London. She has spent over thirty years studying spiritual and psychological healing, including the study of Shamanic traditions from around the world. For the past eighteen years, Michele has run a psychotherapy and counselling practice in London, in addition to teaching workshops in meditation and Shamanic studies. She holds a monthly spirit and healing circle.

Michele is a native Californian who studied at the University of California. At twenty-two Michele turned to the Berkley Psychic Institute to begin her training in higher awareness and went on to earn a diploma in Psychotherapy from The Psychosynthesis and Educational Trust. She has studied and continues to work with spiritual teachers both indigenous and in core Shamanism. Her spiritual journey has taken her through North America, South America, Hawaii, Europe, Australia, Fiji and to The Sacred Trust in England.

Michele's most influential mentors include Nan Beecher-Moore with whom she studied for twenty years, Dr Rodger Woolger, Simon Buxton of The Sacred Trust and most recently Dr. Ruben Orellana of Peru, who was the chief archaeologist at Machu Picchu. Ruben and Michele have worked together for the last nine years and regularly lead Shamanic retreats through the sacred sites of Peru and workshops in London. See website for details and testimonials. <http://www.shamanicspace.com>

Michele's work reflects her diverse background and her commitment to helping other's on their journey to healing and empowerment. With the help of Ruben, Michele works to bridge her clients with the indigenous wisdom keepers of Peru.



Dr. Ruben Orellana is a Peruvian born and trained shaman who has made significant anthropological and archaeological contributions to the study and understanding of the Andean way of living. Dr. Orellana is an external consultant to the National Institute of Culture in Cusco, Peru and Director of Andean Shamanic Journeys.

Born in Cusco, Ruben has been following the shamanic path since the age of nine. His career as an archaeologist culminated with being named Head of Archaeology at Machu Picchu, where he discovered forty-four new sites surrounding the Crystal City, including the North Inca Trail. For these discoveries, he was on the cover of Time Magazine in South America. He has done extensive research into the mystical aspects of many significant sites and uncovered the true use of many temples in the empire.

Ruben has been interviewed in Ross Heaven's books *The Hummingbird's Journey to God* and *Cactus of Mystery* in which he is described as the 'maestro' of San Pedro, and has also been featured on *Medicine Woman* among other documentaries for the Discovery Channel. He feels that his role as a scientist and a Shaman is to bridge between the indigenous Ayahuasqueros and Curanderos (Shamans) and the modern world.

Ruben continues to combine his experience with his excitement for the work and his deep love for all people into a vision of subtlety and divine power.

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